

Our Lady and Saint George's Catholic Primary & Nursery School

Headteacher: Ms R McGlynn

Shernhall Street, Walthamstow, London E17 3EA



6th September 2024

Newsletter 1

Dear Parents/Carers,

We hope you have had an enjoyable summer and are ready for the brand new school term with the family of OLSG. We would like to extend a warm welcome to all our families and especially all our new families who have started in our Reception and Nursery classes as well as other year groups throughout the school. The children have adapted to their new classes and new routines extremely well and it is wonderful to see them all back looking smart and eager to learn.

We would also like to extend a very warm welcome to our Reception teacher Ms Mahmood, our new Year 5 teacher Miss Dag and Mr Saunders who will be working with Year 5 and 6 on Thursdays and Fridays.

School Uniform/PE Uniform

We would like to take this opportunity to remind everyone of the expectation that your child should always come to school wearing a full school uniform and on PE days they must wear their full PE uniform. **Please ensure** your child's uniform is clearly **labelled** with their **name and class including bags, coats, hats and water bottles**.

Please note all children from Year 1 to 6 should be wearing a tie with a shirt/blouse with a collar, not a polo shirt.

Nursery

- Navy tracksuits bottoms
- Polo shirt with school logo
- Blue sweatshirt or cardigan with school logo
- Small Rucksack
- Black shoes - no lace

Reception

Reception pupils are expected to wear the school jumper with a white polo shirt (instead of shirt and school tie), and the rest of the uniform as for Years 1-6 including PE.

Key Stage 1 and Key Stage 2 (Year 1-6)

- Grey skirt/ grey pinafore or Grey trousers (not jeans or cords) **(Winter)**
- Royal blue and white checked dress **(Summer)**
- Grey trousers / grey tailored shorts **(Summer)**
- White shirt with school tie
- Blue sweatshirt or cardigan with school logo
- White/Grey socks / grey tights
- Black shoes **(No trainers)**

PE Days

Your child will be doing PE on the following days:

Monday	Year 2
Tuesday	Year 1
Wednesday	Year 3 and Year 5
Thursday	Reception and Year 6
Friday	Year 4

The children will be expected to come into school wearing their full PE uniform on their PE day. We will be implementing a much stricter PE uniform policy this year so please ensure your child is kitted out in accordance with our PE uniform policy. Any of the following options are acceptable.

Option 1	Option 2	Option 3	Option 4
Plain white T-shirt Plain navy jogging bottoms School jumper/plain navy sweatshirt Black trainers or plimsolls	House team colour T-shirt with school logo Plain navy jogging bottoms School jumper/plain navy sweatshirt Black trainers or plimsolls	House team colour T-shirt with school logo Plain jogging bottoms Navy Zoodie with school logo Black trainers or plimsolls	House team colour T-shirt with school logo Navy jogging bottoms with school logo Navy Zoodie with school logo Black trainers or plimsolls

Items with school logo are available from our uniform supplier Speedstitch - Link below

https://speedstitch.co.uk/?s=olsg&post_type=product

Attendance

As we start the new academic year, the usual rules of attendance apply. We expect all children to arrive on time. Please ensure you allow enough time for any traffic. If your child is unwell, you must notify the school office by 8:30am via email office@olsgschool.org or telephone.

The government has issued new national guidelines regarding absences in school which we will be implementing. All absences and lateness will be carefully monitored and letters will be issued from the school, followed by referrals to the Local Authority BACME team where necessary. This could result in fines being issued.

Holidays during term time will not be allowed and will be recorded as unauthorised absence. We fully understand that exceptional circumstances can arise and if this should happen a 'leave of absence form', available from the school office, must be completed which is.

Code of conduct for parents/carers

We have recently reviewed code of conducts for staff, governors, visitors and external agencies who work in school. In addition we have introduced a code of conduct for parents and carers for this academic year which we will be sending out soon.

Celebrating Birthdays

In school we celebrate your child's birthday in our celebration assembly on the Friday nearest to their birthday. If you would like to share a gift with the class to celebrate your child's birthday, we would welcome a new book for the class library which will be dedicated to your child.

Please do not send in sweets, cakes or party bags to share with the class to protect children with allergies.

Ten Ten Newsletter

Each month Ten Ten produces a newsletter for parents and carers. This newsletter shares some of the payer and liturgy content children will experience in school throughout September and suggests ways for you to engage with them about it. It is also a useful resource for your family prayer time.

[September Newsletter for Parents](#)

Mother Mary's birthday

On Sunday, 8th September it is the birthday of Mother Mary. To celebrate the occasion we would like to invite the children to bring a flower when they come to Mass, on Sunday. There will be a vase placed before the statue of the Blessed Virgin for the flowers. Father Michael and Canon Niall will invite the children to gather round the statue to sing the Happy Birthday song they have been taught in school to sing to Mother Mary, at the end Mass.

We would like to encourage our children to join in singing with the choir at the 8:30am Mass every Sunday. If you attend or are able to attend this Mass please bring your child/children to the choir area where Mrs Rodrigues will assist them.

Reflection

What will this year ahead bring?

We do not know;
It will bring its usual times of work and play,
experiences of success and failure,
all the things that are part of school life.

It is a new beginning;
the planting of a seed that will grow for a year,
the seed of fruit that will blossom in times to come.

It is a new hope;
hope for good work, for successful results,
for friendship, for fun, for learning.

In this coming year, may there be learning, prayer and fun.

May there be hard work, faith and friendship.

May no one in our schools be lonely;

may no one be left out in class;

may no one suffer through others here.

As we begin this year in hope, in prayer and in friendship,

may the Lord begin it with us, be with us during it,

and successfully bring it to its conclusion.

DATES FOR YOUR DIARY 2024/2025

Diary Dates September

Tuesday 10th September

Year 6 Curriculum information meeting
6.30pm - Head of Year 7 Holy Family
School to attend

Friday 13th September

Whole School Start of Year Mass at
10.30am

Monday 16th September

Reception Curriculum information meeting
2:30pm-3pm

Tuesday 17th September

Year 1 Curriculum information meeting
2:30pm-3pm

Wednesday 18th September

Year 2 Curriculum information meeting
2.30pm-3.00pm

Thursday 19th September

Year 3 Curriculum information meeting
2.30pm

Thursday 19th September

Holy Family Catholic School
Open Evening 6-8pm

Monday 23rd September

Year 4 Curriculum information meeting
2.30pm-3pm

Monday 23rd September

PTA AGM @ 7pm - Lower Site

Tuesday 24th September

Year 5 Curriculum information meeting
2:30pm-3pm

Diary Dates October/November

Wednesday 4th October

Photographers in for Individual photographs

Wednesday 9th October

Upper site- Year 3 Parent Consultations
8.30am-6.00pm

Lower site- Reception Parent Consultations
8.45am-6.15pm

Thursday 10th October

Upper site- Year 5 & Year 6 Parent
Consultations 8.30am-6pm

Sunday 13th October

Sunday Family Mass 10.00am at Our Lady
and St. George's Church

Wednesday 16th October

Upper site- Year 4 Parent Consultations
8.30am-6pm

Lower site- Year 1 and Year 2 Parental
Consultations
8.45pm-6.15pm

Friday 1st November

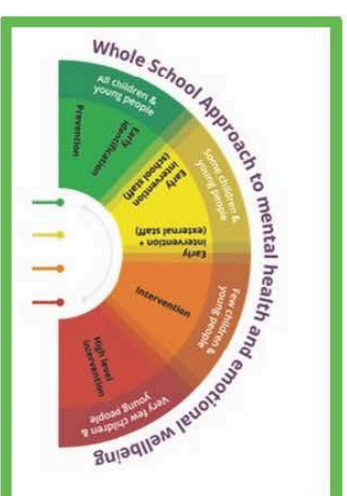
Feast of All Saints Mass 10.30am
Pupils to dress as the Saint of their choice



Hello, we're the Waltham Forest Mental Health Support Team!

We're an early intervention service based in schools in Waltham Forest. We deliver:

- 1-to-1 interventions for parents
- Group interventions for young people, e.g., transitioning to secondary school
- Whole class workshops, e.g., introduction to mental health
- Staff training
- Signposting to other agencies



We were introduced in schools as the government recognised the need for trained mental health staff to support the whole school community.

Our aim is to prevent and support with the early identification of mental health difficulties, to improve understanding of mental health and **reduce stigma**.

In Primary Schools...

Our 1-to-1 work is with parents where we deliver targeted interventions for children experiencing:

- Anxiety
- Behavioural difficulties

We deliver specific low intensity interventions called Guided-Self Help. These usually last for 6-9 sessions and are based on cognitive behavioural therapy.

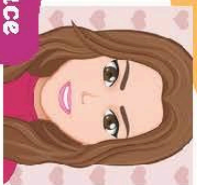


*'Why are you called Mental Health Support Team?'
'My child doesn't have Mental Health problems...'*

We all have mental health, just as we all have physical health. Our mental health is how we're feeling emotionally and it's a bit like internal weather - it can be sunny, rainy or stormy - it's all normal!

Our mental health is just as important as our physical health. It strongly affects our daily lives, including work, study, and how we're getting on with others. Therefore, it is important to take care of our mental health to prevent further problems from arising.

Meet the team working in your school



How can you access our support?

You can contact the school's Mental Health Lead (**Mrs Donno**).

After discussing with you, they will support you to fill out a referral form which will be sent to us if you and your child are suitable to be supported. We will then be in touch with you within 4 weeks to assess if we are a suitable service for you.